



Uncooked Chicken Tenderloin



Code	Case Pack	Storage	Net Weight
IQ 83	4/5lb	Frozen	20lb

Preparation Instructions: Prepare in a skillet with oil, or bake on an oil sprayed pan at 350°F for 20-25 minutes or until reaching an internal temperature of 165° F (flip halfway through).

Nutrition Facts

Serving Size: 100g

Serving Per Container: 91

Amount Per Serving

Calories 110 Calories from Fat 10

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 50mg 17%

Sodium 270mg 11%

Total Carbohydrate 3g 1%

Dietary Fiber 0g 0%

Sugars 0g

Protein 219g

Vitamin A 0% Vitamin C 2%

Calcium 2% Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.

TI	HI	Pallet Count
10	8	80

Ingredients: Contains up to 15% of solution of: water, sodium phosphate, salt, starch, isolated oat product

Allergens: None