



Crunchy  
**Sour Cream & Onion**  
 Flavored Fries



Code	Case Pack	Storage	Net Weight
974940	10lb	Frozen	10lb

**Preparation Instructions:**

Deep Fry at 350 Degrees F for 3-5 Minutes.  
 Bake in 400 Degree Oven for 20-25 Minutes.

<b>Nutrition Facts</b>	
Serving Size: 3 oz (85g or 16 fries)	
Serving Per Container: 53	
Amount Per Serving	
<b>Calories</b> 140	Calories from Fat 45
% Daily Value*	
<b>Total Fat</b> 5g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 300mg	13%
<b>Total Carbohydrate</b> 20g	7%
Dietary Fiber 1g	4%
Sugars 0g	
<b>Protein</b> 2g	
Vitamin A 0%	Vitamin C 6%
Calcium 2%	Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet.	

TI	HI	Pallet Count
13	11	148

**Ingredients:** Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), bleached wheat flour, contains 2% or less of: Rice flour, durum wheat semolina, dextrin, salt, degermed yellow corn meal, cornstarch, onion powder, natural flavor milk), lactic acid, skim milk powder, sodium caseinate, citric acid, cream, leavening (sodium and pyrophosphates, sodium bicarbonate), dextrose, garlic powder, yeast extract, spice, xanthan gum, annatto extract color, disodium dihydrogen pyrophosphate (to maintain natural color).

**Allergens:** Milk and Wheat