



# Crab Rangoon



Code	Case Pack	Storage Method	Net Weight
70150	4/25ct	Frozen	5.25lb

**Servings Per Case:** 20

**Preparation Instructions:** Deep Fry at 350 Degrees F for 2 to 3 Minutes Or Bake in 350 degree F Oven for 5 to 6 Minutes

## Nutrition Facts

Serving Size: 5 pieces (143g)  
 Serving Per Container: Approx. 20

Amount Per Serving	
<b>Calories</b> 430	Calories from Fat 110
% Daily Value*	
<b>Total Fat</b> 13g	20%
Saturated Fat 7g	37%
Trans Fat 0g	
<b>Cholesterol</b> 45mg	15%
<b>Sodium</b> 740mg	31%
<b>Total Carbohydrate</b> 65g	22%
Dietary Fiber 2g	8%
Sugars 4g	
<b>Protein</b> 13g	
Vitamin A 8%	Vitamin C 0%
Calcium 15%	Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.

TI	HI	Pallet Count
9	10	90

**Ingredients:** Cream Cheese (Pasteurized Milk and Cream Cheese, Culture Salt), Stabilizers (Carob Bean and/or Xanthan and/ or Guar Gums), Imitation Crab Meat (Pollack/Whiting, Water, Egg White, Wheat Starch, Potato Starch, Modified Food Starch, Sorbitol, Sugar, Rice Wine, Salt, Natural and Artificial Crab Extract, Carrageenan, Natural and Artificial Crab Flavor, Sodium Polyphosphates, Artificial Color), Sugar, Crab Meat, Soy Sauce (Water, Wheat, Soy Beans, Salt, Less than 1/10 of 1% Sodium Benzoate as a Preservative and Spices. Wrapper Ingredients: Wheat Flour, Water, Whole Eggs, Salt, Cornstarch, FDC Yellow No. 5 and No. 6, Less than .1 of 1% Sodium Benzoate as a Preservative.

**Allergens:** Wheat, Milk, Eggs